

A Recipe for Success



What's better than one rubber KONG® you might ask? Well the answer of course is multiple KONG rubber toys for your dog to enjoy!

If you lead a busy lifestyle having multiple KONG's on the ready allows you to plan ahead and be prepared for any situation. A stuffed KONG can provide a great distraction that will occupy your dog in a variety of situations.

- When visitors pop round, grab a KONG that you prepared earlier out of the freezer
- When you need to do housework keep your dog occupied with a KONG and out from under your feet
- If your dog is chewing, digging or barking use a stuffed KONG to 'Interrupt & redirect' the behaviour so as to minimise the repetition of these undesirable behaviours

A task oriented behaviour like interacting with a stuffed KONG gives the dog a job to do that is not only entertaining but also delicious!

When selecting a rubber KONG utilise the KONG sizing chart as an aid however consider also the chewing temperament of the individual. As a dog matures, they will give you an indication of their developing chewing temperament. This can often be gauged by observing the level of destruction and longevity of their toys. Some dogs regardless of breed and size can be very gentle on their toys and these may last them for years. Whilst other dogs may be tough on toys and able to destroy them with ease over a short period of time.

A dog's chewing temperament is a combination of the individual's ability to apply heavy compression coupled with the motivation, even the gentlest dog can apply heavy pressure when motivated to do so.

Dogs are social animals that use their jaws not only for eating but for social interactions with their family members. During play, puppies are learning to inhibit the force of their bite with other dogs or family members. Puppies learn that play is more likely to continue if they aren't too rough, therefore there is value in being gentle. Toys don't provide the same feedback so a dog can be as gentle or as rough as they like to derive enjoyment from the game. Many toys even channel natural instincts to catch, chase, shake and crush prey which may explain why some dogs become particularly stimulated by squeaky toys.

There are three basic chewing styles when it comes to dogs and their toys:

1) Gentle Chewers – These dogs are easy on toys and prefer plush or fabric toys. They usually like to lick or suck on their toys, but rarely ever destroy their toys.

2) Average Chewers – These dogs love to play with all kinds of toys and will often carry toys around with them. They can be destructive with plush and fabric toys but rarely are destructive with rubber toys.

3) Power Chewers – These dogs are usually strong, determined chewers who require more discretion when it comes to selecting toys. Choose durable, interactive play toys along with firm rubber toys. Sizing up above the recommended weight and size range can also be helpful when picking toys for dogs known to be powerful chewers.

Frequent inspection of the dog's toys is recommended, examine the toy for wear and tear. Toys showing signs of wear i.e. holes or pieces tearing off should be discarded and replaced.

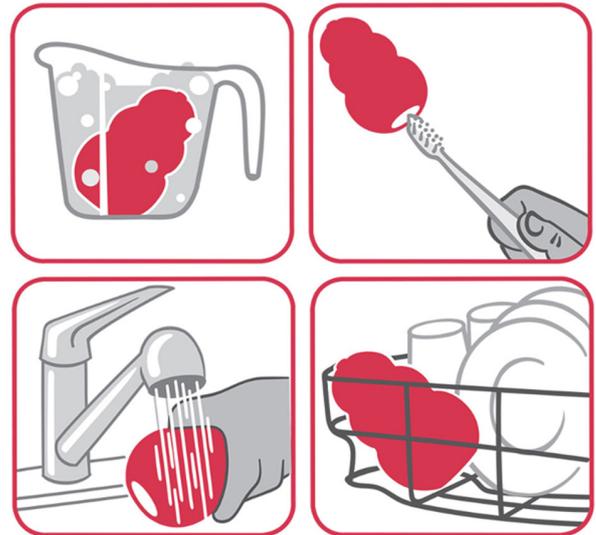
Please note - some of the newer model dishwasher cycles use higher heat settings, this may overtime cause damage to rubber, we recommend should you wish to clean the toys in the dishwasher that you use a cool or warm water rinse cycle, no drying cycle, and that the toy be placed on the top shelf of the dishwasher.

Stuck for Stuffing Ideas?

Check out this list of go to ingredients you can stuff in your KONG and also what foods to limit or avoid. You can alternate from premade store-bought dog treats today yet opt for chopped apple slices tomorrow variety is entertaining for our dogs. Or try out some of the many recipes from the KONG website that have been tested by a bunch of happy puppies.

Don't forget those extra calories can add up pretty quick so consider that when KONG stuffing that you may need to reduce your dog's meal rations.

How to Clean a KONG (For humans, dogs already know how)



KONG
Dogs Need to Play™

Sunday Roast

Ingredients:

- Chopped Leftover Roast Meat Pieces
- Mashed Sweet Potato (Or Pumpkin)
- Diced Carrot
- Gravy
- Peas
- Kibble (Dry Food)

Directions: Mix all ingredients together in a bowl. Stuff the mixture into your KONG and freeze for greater challenge.

Follow @KONGcompany & share your KONG Stuffing Recipe by using #KONGDog for chance to be featured.

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Dogs Need to Play™

Chicken Pot Pie

Ingredients:

- ½ Cup Cooked Chicken
- ½ Cup Mashed Potatoes
- ¼ Cup Frozen Peas and Carrots
- KONG Classic

Directions: Mix all ingredients together in a bowl. Stuff the mixture into your KONG and freeze for greater challenge.

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Extreme Beef Stew

Ingredients:

- 1 Cup Cooked Ground Beef
- ½ Cup Chopped Celery
- 1 Cup Cooked Brown Rice
- ¼ Cup Beef Broth
- ½ Cup Diced Baby Carrots
- KONG Extreme

Directions: Mix all ingredients together in a bowl. Spoon mixture into KONGs. Freeze stuffed KONGs for a greater challenge!

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KONG have some handy, easy to use recipe tear off pads available - check with your Vet or visit the KONG website for more information: www.kongcompany.com/learn/stuffing-recipes

Foods That Are SAFE For Your Dog

Carrots	Apple (no seeds)
Eggs (cooked)	Sweet Potato
Chicken	Mango
Beef	Banana
Pork	Celery
Turkey	Brown Rice
Pineapple	Cucumbers
Watermelon	
Corn	
Peas	
Green Beans	
Oatmeal	

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Foods That Are SAFE For Your Dog

In Moderation

Peanut Butter	Tuna
Cheese	Cooked Pasta
Cashews	Asparagus
Almonds	White Rice
Cottage Cheese	Plain Popcorn
Yogurt	
Bread	
Broccoli	
Coconut	
Honey	
Pitted Cherries	
Quinoa	

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Foods That Are NOT SAFE For Your Dog

Grapes	Sugary Treats
Raisins	Salty Snacks
Chocolate	Chives
Macadamia Nuts	Rhubarb
Onions	Xylitol
Tomatoes	
Garlic	
Lemons	
Limes	
Grapefruit	
Ice Cream	

KONG



Article supplied by Rachael James on behalf of KONG® Company Pty Ltd